

A PARENT-TO-PARENT CONVERSATION  
ON SUICIDE PREVENTION:  
**QUESTION.  
PERSUADE.  
REFER.**



Join Wendy Sefcik as she shares her personal experience with suicide loss and leads us through the proven suicide prevention training: QPR: Question. Persuade. Refer.

SPEAKER:

**Wendy Sefcik**

*Mother, Mental Health Advocate*



**Tuesday**  
9 August  
**Time**  
07:00 PM

Register today!



Learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

LIVE WEBINAR 



**Bergen's  
PROMISE**

*Healthy Families, Safe at Home*

# Join our BP Webinar - Parent-to-Parent Conversation on Suicide Prevention

**Friday, July 8, 2022**

Bergen's Promise is hosting a parent webinar (open to our families and the community). Join Wendy Sefcik as she shares her personal experience with suicide loss and leads us through the proven suicide prevention training: Question. Persuade. Refer.

We recommend anyone that this topic is especially prevalent to attend. This webinar takes place on Tuesday August 9th at 7pm. [Register today!](#)