



**SENSORY PROCESSING AND ADHD: HOW  
OT CAN PROVIDE TOOLS, TIPS, AND  
STRATEGIES TO HELP,  
with Karen "KB" Willick**

Monday, June 3rd, 8:00 - 9:15 pm EST



Combining sensory processing, occupational therapy (OT) techniques with strategies tailored for ADHD can create effective tools for helping children calm their nervous system and succeed both in the classroom and at home. By integrating sensory processing OT principles with ADHD-specific strategies, you can empower children with ADHD and SPD to thrive academically, socially, and emotionally both at school and at home.

KB graduated from Muhlenberg College in 1990 with a BA double degree in Psychology and English, cum laude. After working with mentally ill adults for a

few years, she went on to get a master's degree in Occupational Therapy from Columbia University in 1995.

In the last 29 years, she has worked in a variety of settings, including Pediatric Rehabilitation Hospitals, Early Intervention, Adult Rehabilitative Out-Patient Clinics, schools, private home settings and private Pediatric Clinics. One of her particular areas of expertise is working with verbal and non-verbal children with autism to prepare them for a successful school experience. Ongoing communication with parents has been a key aspect for the children's success. Another area of expertise is working with children with ADHD. Including, working with parents and providing them with strategies for home and school to help their lives become more manageable and functional.

KB has also worked as a fitness instructor, a personal trainer, and taught a variety of mommy and me classes. In her free time, KB enjoys all water sports, hiking, reading and spending time with her family. Outside of work, her favorite activity is spending time with her two adult sons who bring her endless joy.

KB's presentation will be followed by a Q & A session. The meeting is open to all who seek support and information, including parents, clinicians and teachers. A virtual handout will be available to all attendees.

[REGISTER FOR THIS WORKSHOP HERE](#)

## Next Virtual Support Group Meetings



**The 1st Monday of the Month**

**NEW!! Support Group for  
PARENTS of Children with ADHD**

Monday, June 3, 11:30 AM - 12:30 PM EST

**Facilitators:** Deborah Goldstein and  
Debby Anderson

[SIGN UP](#)

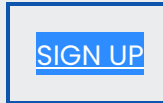


### The 2nd Wednesday of the Month

#### Support Group for PARENTS of Children with ADHD

Wednesday, June 12, 8:00 – 9:15 PM EST

**Facilitator:** Joni Corn and Andrea Elrom, ADHD Parenting Coaches

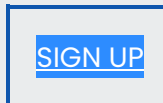


### The 4th Wednesday of the Month

#### Support Group for PARENTS of Children with ADHD

Wednesday, June 26, 8:00 – 9:15 PM EST

**Facilitator:** Joni Corn and Andrea Elrom, ADHD Parenting Coaches



### The 3rd Wednesday of the month

#### Teacher Talks

Wednesday, June 19, 8:00 – 9:00 PM EST

**Facilitator:** Andrea Elrom, ADHD Parenting Coaches





## The 3rd Monday of the Month

### Support Group for ADULTS Living With ADHD

Monday, June 17, from 7:30 - 8:30 PM EST

**Facilitator:** Isabel Ebrahimi, ADHD Coach

Contact Isabel for a link to the meeting:

[isabel@helpisherecoaching.com](mailto:isabel@helpisherecoaching.com)

