



The Family Support Organization of Bergen County Workshop Series

7:00 - 8:30 pm

0-108 29th Street

Fair Lawn, New Jersey 07410

Wednesday, September 27, 2023

Everyone Deserves an Equal Opportunity

Monique Lewis

Wednesday, October 11, 2023

From Chaos to Calm: Mastering the Art of Family Organization

Gayle Gruenberg

Wednesday, October 25, 2023

Special Needs Planning - The Basics of Special Needs Planning

&

Getting Financially Fit

The Society for Financial Awareness (SOFA)

Wednesday, November 15, 2023

Empowering Mindfulness: Nurturing Neurodiversity in Parenting

Lyzette Grassi

Wednesday, November 29, 2023

Talk Saves Lives

Wendy Sefcik

Wednesday, December 13, 2023

Understanding Your Special Education Rights and Your Role in the IEP Process

SPAN -Tammi Kaminski

For questions contact:

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[To register go to: www.fsobergen.org](http://www.fsobergen.org)