

Educational Enterprises Announces:



In-School Mental Health Supports

Direct Individual Services

- Individual school-based counseling
- Consultation with in-house counselors
- Consultation with teachers for academic supports
- Drop in counseling
- Collaboration with HIB and school safety team
- Crisis referrals

Direct Group Services

- Group Counseling (specifics based on need): Anger management, coping, social skills, healthy relationships
- Parent support groups

Family Support

- Connection with outside resources/agencies
- Consultation on cases referred by parents

MINDFULNESS PRACTICES IN SCHOOLS

- Decrease Stress and Anxiety
- Promote Emotional Regulation
- Strengthen Interpersonal Skills
- Improve Attention and Focus
- Improve Cognitive Outcomes

Can include staff workshops/trainings, implementation of a full mindfulness curriculum

THERAPEUTIC YOGA IN THE CLASSROOM

- Yoga Certified O.T. and P.T. can work with your students and staff to bring the benefits of therapy-based yoga program to your school...

For information on any of the services above, please contact:

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