#### MISSION STATEMENT

The mission of ALL Abilities Sports is to provide access to quality, well–structured recreational opportunities for young athletes with and without disabilities. ALL Abilities Sports offers athletes, ages 5 - 21+, a safe and appropriately competitive program to learn and enjoy team sports. Our program looks to create a safe, positive, judgment-free environment for our athletes in order for them to enhance physical, cognitive, emotional, and social functioning, as well as a sense of belonging to the community.



The activities focus on athletic development skills while stressing the proper behaviors required for optimal group cooperation.

- Staffed by outstanding therapists/ coaches and age appropriate peer mentors
- 3:1 teaching ratio; 1:1 support available
- Professionally designed curriculum
- Our program builds skills, confidence, self-esteem, and a lifetime devotion to sports and fitness



## **CONTACT US**

Juan Castro Program Director jcastro@allabilitiessports.com

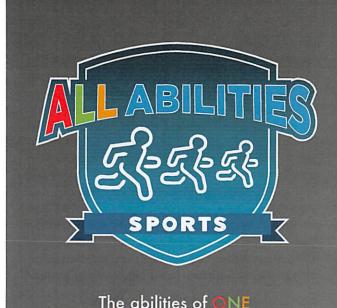
Jeanne Browne Assistant Program Director jeanne@allabilitiessports.com

Phone Number: 908-505-5681



ALL Abilities Sports 519 River Road Garfield, NJ 07026

www.allabilitiessports.com



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Strengthen the abilities of ALL

519 River Road Garfield, NJ 07026 908-505-5681 www.allabilitiessports.com

# ALL ABILITIES SPORTS

ALL Abilities Sports passionately believes in the benefits of participation in organized youth sports for any and all children and young adults. Participation in sports has proven to build self-esteem, promote teamwork, develop the body as well as the mind, and is an integral part of the maturation process. Therefore, the goal of ALL Abilities Sports is to provide programs and services to young people of all backgrounds that will build the foundation for them to grow up healthy, confident, and caring individuals in our community.



## AFTER SCHOOL PROGRAMS OFFERED

Athletes of ALL ages and abilities, athletically, behaviorally, and socially, will thrive in our therapeutically nurturing and non-competitive:

- flag football program track and field program
  - soccer program fitness training program
    - · basketball program · fencing program

#### **SESSIONS**

Sessions are 8 weeks for each individual sport. Classes are broken up by appropriate age groups.

### SUMMER CAMP PROGRAMS OFFERED

Our ALL - Star Summer Camp is designed to help children of ALL ages, with a variety of Abilities both athletically, behaviorally, and socially, in a therapeutically nurturing and non - competitive environment. ALL Abilities Sports players will learn and acquire athletic and developmentally appropriate skills in sports such as soccer, flag football, yoga, and track and field. Team building and social skills activities will be built into the sports curriculum to engage students in appropriate play with their peers.

Summer camp information can be found on our website: www.allabilitiessports.com

#### **ABOUT US**

## Juan Castro M.A. BCBA Program Director

Juan has been working with children, adolescents, and adults with mental health disorders, developmental, and physical disabilities for over 15 years as a residential counselor, Director, Board Certified Behavior Analyst, and most importantly as a coach. In addition to his professional experiences, Juan has been a part of athletics since an early age. He grew up playing multiple sports such as basketball, football, and track and field which he continues to play competitively to this day. His passion for providing effective therapeutic services and quality coaching experiences make him perfect for highlighting ALL the Abilities of our players.

## Jeanne Browne Assistant Program Director

Jeanne Browne has been teaching in the special education field for 11 years. She received her Bachelor's degree from Temple University in Elementary Education and Special Education in 2006. She spent four years under the tutelage of Nikki Franke, a former Olympic Foil fencer for the United States. She has taught and coached a variety of sports in both Connecticut and New Jersey. She prided herself on accepting students of all ability levels onto her team, fostering inclusion and acceptance. Jeanne is currently working on acquiring her master's degree in Special Education with an emphasis in Applied Behavior Analysis at Penn State University and looks forward to becoming a BCBA to continue her work with students on the Autism Spectrum and their families.