

The New Jersey Department of Human Services  
**Division of Developmental  
Disabilities**



**TRANSITION INTO ADULTHOOD:  
INFORMATION ABOUT DDD  
SERVICES FOR THE 2020  
GRADUATES**

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# DDD Is Open & Working Remotely

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- Community Service Offices

<https://www.state.nj.us/humanservices/ddd/staff/cso/>

- Contact Information

- Division Website:

<https://nj.gov/humanservices/ddd/home/>

- Phone Number: 1-800-832-9173

- Email for routine questions:

[DDD.FeeForService@dhs.nj.gov](mailto:DDD.FeeForService@dhs.nj.gov)



# Who does DDD serve?

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- Adults at least 21 years of age
- Individuals with intellectual & developmental disabilities (occurred before 22 and is lifelong)
- Meet Functional Criteria for DD
- Resident of New Jersey
- Eligible for Medicaid
  - [DDD.MediEligHelpdesk@dhs.nj.gov](mailto:DDD.MediEligHelpdesk@dhs.nj.gov)
  - [www.nj.gov/humanservices/ddd/services/medicaideligibility.html](http://www.nj.gov/humanservices/ddd/services/medicaideligibility.html)

# Medicaid Based



- All individuals will be on a waiver that provides funding for home & community based services
  - Community Care Program (CCP)
  - Supports Program
- All individuals must be Medicaid eligible (and maintain Medicaid eligibility)
- Providers are Medicaid/DDD approved providers
  - Business entities can be utilized and receive reimbursement for services through Fiscal Intermediary

# Eligibility Process

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- Can begin at age 18 (services not available until 21)
- Medicaid Eligibility – usually through SSI
  - [DDD.MediEligHelpdesk@dhs.nj.gov](mailto:DDD.MediEligHelpdesk@dhs.nj.gov)
  - [www.nj.gov/humanservices/ddd/services/medicaideligibility.html](http://www.nj.gov/humanservices/ddd/services/medicaideligibility.html)

# Eligibility Process

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- DDD Eligibility
  - Intake Unit within Community Services Office (application on website)
  - Full Application – required when applicant was **not** previously determined eligible for developmental disability services through DCF/CSOC – PerformCare
  - Short Application – required when applicant was previously determined eligible for developmental disability services through DCF/CSOC – PerformCare
  - NJ Comprehensive Assessment Tool (NJ CAT)

# Eligibility Process



- SCA Assignment – April of graduating year
  - Complete and submit Support Coordination Agency Selection Form (January/February of graduating year)
- Individualized Budgets Assigned Based on Tier
  - Tiers (reflecting level of support need) are assigned based on result of NJ CAT
    - ✦ Tiers are from A to E and can include an acuity differentiated factor for individuals with high/specialized clinical support needs based on medical/behavioral concerns
- Budget Components Fund Waiver Services
- Additional SE funding if needed

# Accessing Services



# When do DDD services become available?



- Majority of Services
  - Available when educational entitlement has been exhausted (21<sup>st</sup> year)
  - Employment & Day Services, Residential Services (wait list)
- Services previously accessed through Children's System of Care (CSOC) – PerformCare
  - Available upon 21<sup>st</sup> birthday
  - Respite, Behavioral Supports
  - Contact Intake Unit in Community Services Office about 2 months prior to 21<sup>st</sup> birthday – SCA assignment up to 60 days prior to birthday, ISP development to continue services

# Planning & Research Prior to Accessing Services



- Learn about the adult service system and how to access services, supports, resources
- Planning for Adult Life is a resource funded by the Division
- Offers online lessons, presentations, etc. to prepare for transition to adult services
- <https://planningforadulthood.org/>

# Planning & Research Prior to Accessing Services

- Identify services/supports that will be needed after exiting the school system
  - **RECIPES**
    - ✦ **R**elationships
    - ✦ **E**mployment
    - ✦ **C**hores
    - ✦ **I**ndividual Health & Wellbeing
    - ✦ **P**lace to Live
    - ✦ **E**ducation
    - ✦ **S**ocial Life

# Planning & Research Prior to Accessing Services



- Research providers to determine which ones meet individual needs
  - Provider Search Database  
<https://irecord.dhs.state.nj.us/providersearch>
  - Boggs Center Guides  
<http://njsupportingcommunitylives.org/people-and-families/selecting-service-providers/>

# Support Coordination

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- Care Management provided through Medicaid & DDD approved Support Coordination Agencies
- Use a Person-Centered Planning process to identify outcomes and service needs
- Develop the Individualized Service Plan (ISP) that identifies the outcome, service needs, and providers

# Support Coordination

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- Link the individual to providers
- Conduct monthly monitoring
- Individuals can choose their SCA or have DDD auto assign
- Individuals can change SCAs upon request

# Waiver Services

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- Assistive Technology
- Behavioral Supports
- Career Planning
- Cognitive Rehabilitation (SP only)
- Community Based Supports (SP only)
- Community Inclusion Services
- Community Transition Services (CCP only)
- Day Habilitation
- Environmental Modifications
- Goods & Services
- Individual Supports (CCP only)
- Interpreter Services
- Natural Supports Training
- Occupational Therapy
- Personal Emergency Response System (PERS)
- Physical Therapy
- Prevocational Training
- Respite
- Speech, Language, and Hearing Therapy
- Supported Employment
- Supports Brokerage
- Transportation
- Vehicle Modifications



# COVID-19 & DDD Services

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- Suspension of face-to-face contacts by Support Coordinators and DDD Staff unless related to the health & safety of the individual or required by State law
  - Meetings continue by phone or secure videoconferencing
- Suspension of provider facilitated community outings not related to health and safety
- Closure of facility-based day service settings



# COVID-19 & DDD Services

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- Day services can be provided in home
- Remote services/supports are temporarily available depending on the provider
- Use of Self-Directed Employees (SDE)
  - Temporarily allowing more than 40 hours per week
  - Temporarily allowing parents, guardians, spouses to become SDE (unless enrolled as employer of record with PPL)

# For Additional DDD Information



- DDD Website

<http://www.nj.gov/humanservices/ddd/home/>

- Division Announcements

- Email [DDD.Communications@dhs.nj.gov](mailto:DDD.Communications@dhs.nj.gov) and write “Division Update Subscribe” in the subject line

- Supports Program Policies & Procedures Manual

[http://www.nj.gov/humanservices/ddd/documents/supports\\_program\\_policy\\_manual.pdf](http://www.nj.gov/humanservices/ddd/documents/supports_program_policy_manual.pdf)

- CCP Policies & Procedures Manual

[http://www.nj.gov/humanservices/ddd/documents/community\\_care\\_waiver\\_policy\\_manual.pdf](http://www.nj.gov/humanservices/ddd/documents/community_care_waiver_policy_manual.pdf)

- Provider Search Database

<https://irecord.dhs.state.nj.us/providersearch>



# Additional Resources



- NJ Department of Human Services – New Jersey Resources 2020-2021

<https://www.nj.gov/humanservices/dds/documents/RD%202020-2021-final-web.pdf>

- The Boggs Center on Developmental Disabilities

<https://rwjms.rutgers.edu/boggscenter/>

- Statewide Parent Advocacy Network (SPAN)

<https://spanadvocacy.org/>

- The Arc of New Jersey <https://www.arcnj.org/>

- Autism New Jersey <https://www.autismnj.org/>

- Disability Rights New Jersey <http://drnj.org/>

- New Jersey Council on Developmental Disabilities

<https://njcdd.org/>



Emotional Support During COVID-19 Outbreak  
Get Help Now: 866-202-HELP (4357)

E-mail: [help@njmentalhealthcares.org](mailto:help@njmentalhealthcares.org)

## ***NJ Mental Health Cares***

If you're concerned about your mental health or the mental health of someone you love, **NJ Mental Health Cares** can help.

The **free helpline** offers telephone counseling, emotional support, information and assistance.

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**866-202-HELP (4357)**

7 days per week, 8am - 8pm

New  Jersey  
**MentalHealthCares**  
New Jersey's Behavioral Health and Referral Service

