

**Margaret Summer LP  
Licensed Psychoanalyst  
(c) 551-655-1050**

## **Parents of Kids with Sensory & Autism Disorders Therapy Group in Ho-Ho-Kus**

There are unique challenges facing parents that are raising kids with special needs. On the one hand, we endure some serious and painful losses. We face myriad challenges in handling people's expectations and perceptions of our kids. Our own insecurities and struggles emerge as we help our children manage theirs. On the other hand, our hearts get filled with a unique gratitude that others don't often experience. And somewhere along the way we realize that we have quite a special relationship with our kids because of the vulnerable and intimate work we've done together. This group is a safe space for parents to process and support each other through the journey. It meets in Ho-Ho-Kus on Thursday mornings 9:45am – 11am.

### **About Margaret Summer LP**

Therapy is a meaningful way to face our biggest fears and challenges. It is a process that nurtures self-understanding and acceptance so that we can grow and adapt to our circumstances. I am a licensed psychoanalyst who provides therapy to adults, adolescents, couples and groups. I provide a confidential, open, warm and playful space for you to gain self-understanding and face the obstacles that are holding you back.

I am a member of the National Psychological Association for Psychoanalysis (NPAP) in New York City, where I received an intensive decade-long clinical training in psychoanalysis. Prior to that, I earned a Masters of Arts in Organizational Psychology from Columbia University.

My work is guided by the principals of Intersubjective Self Psychology, a psychoanalytic framework that focuses on the centrality of empathy in the therapeutic relationship.

### **Office Locations**

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