



EST. 1971 **BERGEN COUNTY**  
**Special Services School District**

CAPE Center

The mission of the Bergen County Special Services School District Resource Center is to serve individuals with disabilities from infancy through adulthood as a central point of contact for guidance and connection to accessible and appropriate resources.

The Center is committed to helping individuals and families access the system of resources to enrich all aspects of life.

# LET'S GET TOGETHER & TALK

## Parent-to-Parent Exchange Meetings

Parent-to-Parent Exchange Meeting Facilitator Lauren Lavelle, a parent coach and a professional in the field of disabilities, will moderate these timely and informative meetings.

*for Parents of Students under age 21 with Disabilities*

**TUESDAY, DECEMBER 10 AT 7:30 P.M.**

<https://bergen.zoom.us/meeting/register/tZMpduigrzgrGdQvb39g0xdF8Hv33hteAJq8>

*for Parents of Adult Children age 21 and over with Disabilities*

**THURSDAY, DECEMBER 12 AT 7:30 P.M.**

<https://bergen.zoom.us/meeting/register/tZMtceGugj0uGdVnvd2CROFGZTFVSQbDzQu2>

To attend these Zoom meetings,  
please register at the links listed above

*Future meetings are scheduled for*

*Parents of Students under 21: Jan 14, Feb 11, March 11, April 8, May 13, June 10 and July 8*

*Parents of Adult Children age 21+: Jan 9, Feb 13, March 13, April 10, May 8, June 12 and July 10*

For more information, please call 201-343-6000 ext. 4076