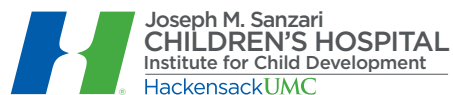


Comprehensive Services at the Medical Home for Autism

- Diagnostic evaluations by board certified developmental and behavioral pediatricians
- Follow-up appointments and referrals to facilitate coordinated care
- Family Resource Specialist providing advocacy and assistance in navigating educational systems, community and financial resources
- Coordination of care with primary pediatricians and subspecialists
- Parent support groups and educational workshops
- Sibshops® – a support group for siblings
- Family events to promote socialization
- Counseling services for children, adolescents and families
- Comprehensive care by a board certified adolescent medicine specialist
- Medication program
- Social skills program
- Resources for community-based behavioral and recreational programs



Medical Home
For Autism



30 Prospect Avenue, Hackensack, NJ 07601
Phone: 551-996-2256 Fax: 551-996-0797
www.HackensackUMC.org



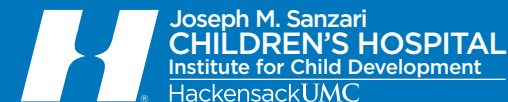
Medical Home
For Autism

At the Institute for Child Development



For more information, contact Pamela Ullmann,
Medical Home for Autism Program Coordinator,
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or call at 551-996-2256

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Welcome to the Medical Home for Autism at Joseph M. Sanzari Children's Hospital HackensackUMC



What is a medical home?

A medical home is not a place or a building, rather it is an approach to providing a system of care that is continuous and comprehensive. The medical home includes partnerships between patients, clinicians, medical staff and families and it acts as a central source for the patient and family.

The goal of the Medical Home for Autism at the Institute for Child Development (ICD) at Hackensack University Medical Center is to provide children with autism spectrum disorders and their families a centralized source of health care services, resources, education and support to meet their "whole family" needs. We strive to empower families by enabling them to overcome obstacles in accessing quality healthcare and services. Our beliefs at ICD mirror those of the American Academy of Pediatrics, which believes that a medical home for autism should be accessible, family centered, continuous, comprehensive, coordinated, compassionate, and culturally effective.

Who is part of the medical home?

The medical home requires a team of interdisciplinary professionals that are highly skilled and qualified in their area of expertise. A successful team is committed to the medical home philosophy and deals with the complexities of care and communicates with one another about their patients. In order to have optimal outcomes for our patients, a process of coordinated care is needed. Coordinated care is an integral part of the health care provision in a medical home.

At Hackensack University Medical Center, the Medical Home for Autism is designed to address the needs of the children and their families living with autism spectrum disorder. Our staff includes: board certified developmental/behavioral pediatricians, board certified adolescent medicine physician, advanced practice nurse, registered nurse, licensed social worker, program coordinator, family resource specialist through partnership with the Statewide Parent Advocacy Network (SPAN), speech/language therapists, occupational therapists, and physical therapists.

We are dedicated to delivering quality family centered care by creating partnerships with general pediatricians, pediatric sub-specialists, and other professionals working with our families. We strive to create a positive experience for the patient and family by honoring their strengths, cultures and traditions



Adolescents and Young Adults in Transition

The Medical Home for Autism supports and assists parents and caretakers with the many facets of transitions. We provide help in navigating the medical, psychosocial and vocational needs of adolescents and young adults. Transition planning for adolescents and their families provides a framework for identifying long range goals. We provide workshops and programming that help our adolescent patients make the shift from school to adult living. In addition, we provide counseling services for patients and their families as needed.



For more information, contact Pamela Ullmann, Medical Home for Autism Program Coordinator, at Pamela.ullmann@hackensackmeridian.org or call at 551-996-2256