



## TRANSITIONS CAN BE DIFFICULT - LEARN HOW CLEP CAN HELP

Staff at the Community Living Education Project (CLEP) provide education, information, and support to individuals with intellectual and/or developmental disabilities who are exploring a transition to community living.

Funded since 1991 by the NJ Division of Developmental Disabilities (DDD), the CLEP team works closely with families and their loved ones to learn about possibilities in community living.

We are located within the Rutgers School of Public Health and serve the entire state of New Jersey.

## WHO WE ARE AND WHAT WE DO

**As family members ourselves,** CLEP staff recognize the importance of person-centered thinking and planning. With decades of professional and personal lived experience in the educational system, CSOC, and the DDD adult system, CLEP staff have been where you are.

## USING A PERSON-CENTERED APPROACH

With the individual receiving services ***at the center of all discussions, CLEP staff follows these steps:***

**Step 1: Gather** important information about your loved one by listening and learning what's important to and for them.

**Step 2: Learn** about your loved one's support needs and how best to support them.

**Step 3: Ask** about their hopes and dreams for the future.

These details, along with your geographic preferences, help CLEP staff identify examples of available community living options, including apartments, small group homes, condos, and townhomes.

*Learn more at*  
**CLEP.RUTGERS.EDU**

## NO MATTER WHICH DOOR YOU COME THROUGH...

Individuals and families typically reach out to the Community Living Education Project during times of transition. Individuals may be transitioning from:

- High school to adult DDD Services;
- CSOC / DCF residential services to adult DDD services;
- The family home to a home in the community; or
- A nursing home or a developmental center to a home in the community

CLEP staff mentor and guide families in what questions to ask providers, help plan visits to a variety of settings, and help you envision the possibilities in community living.

Regardless of which door you come through, CLEP educates families to make an informed decision.







## contact us

To learn about the possibilities of community living and plan visits to a variety of community living settings for yourself or a loved one.

### Rutgers School of Public Health Community Living Education Project

300 Atrium Drive, Suite 100  
Somerset, NJ 08873  
Telephone: (732) 235-3277

 [CLEP@sph.rutgers.edu](mailto:CLEP@sph.rutgers.edu)

 <https://clep.rutgers.edu>

We're here to help.  
*Let's connect!*



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## Community Living Education Project (CLEP)

*Sharing Possibilities in Community Living*



Community Living Education Project  
sharing possibilities

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